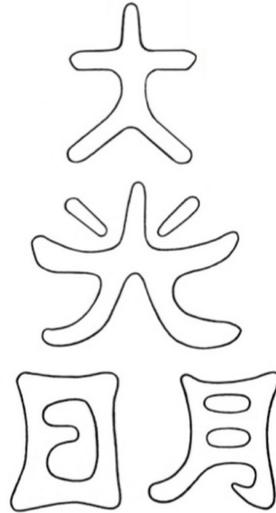


Shihan

4th Degree Reiki Ryoho Master/Teacher
Karmic Healing



The Fourth Noble Truth (Taught by Buddha)

IV. *Selfish Craving can be overcome by following the Eightfold Path, whose steps are:*

1. Right View
2. Right Intent
3. Right Speech
4. Right Focus
5. Right Alertness
6. Right Purpose
7. Right Effort
8. Right Motivation

The Fourth Truth of the Great Law (Taught by Yeshua)

IV. *Love Yourself*

The Fourth Truth of the Great Law is to Love ourselves. This means in all the Love that we give to God, the stranger, our neighbors and family we need to remember to Love ourselves also.

The Pathway of Nirvana

IV. They win Nirvana even in this world.

Through the practice of Reiki the teacher walks “The Path”, and enters the Tenfold Nature of Divine Love:

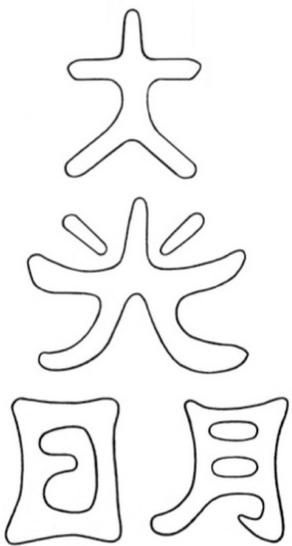
1. Right View
2. Right Intent
3. Right Speech
4. Right Focus
5. Right Alertness
6. Right Purpose
7. Right Effort
8. Right Motivation
9. Right Understanding (They win Nirvana)
10. Right Relationship (Even in This World)

IV. Shihan- 4th Degree Reiki Ryoho Master/Teacher

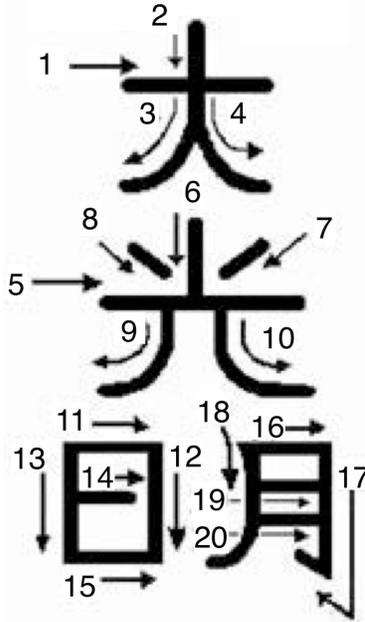
IV. The Shinpiden Reiki Master receives a fourth attunement to the Shihan Reiki Master level. The Fourth Degree Attunement of Shihan opens the Flow of Reiki Energy in and through the Karmic Body, and the Meridian System. It is through the Meridian System that Ki circulates through the Body.

The new Shihan Reiki Master learns how to use the Reiki Ryoho Symbols in the Attunement Process and how to Attune others in All Four Degrees of Reiki Ryoho.

Through the Practice of 4th Degree Reiki the **Gift of Karmic Healing** is received.. The new Shihan Reiki Master is introduced to the Inner Wisdom of Reiki Ryoho.

	<p>1. Dai- <i>Great Self or Higher Self, First Nature or Divine Nature</i> The figure is the Reiki Master/Teacher.</p> <p>2. Ko- <i>Humbly Carries the Light, (Fire being Carried, Light Bearer)</i> The Reiki Master on bended knee (humility), carrying the Torch of the Light of Reiki to others.</p> <p>3. Myo- <i>The Light of Love, Brighter than the Sun (yang) and Moon (Yin).</i> The Fire and Light of Reiki transcends sun/moon, Yin/Yang, duality Our Creator uses this Symbol to Awaken us to Wisdom.</p>
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Drawing the Dai-Ko-Myo



Return to Wisdom

At Midnight we enter the Winter or our lives, the time of Maturity, the time of Introspection and Wisdom. We enter the North Gate of the Kingdom of Heaven through Wisdom.

Note: The pronoun "he" is often used as a pronoun for God. In the following passages the pronoun he means h-heaven, e-earth. HE-Heaven/Earth, Sun/Moon, Yang/Yin, Father/Mother etc.

Mystical Wisdom

Salome taught the lesson of the day. She said, All times are not alike. Today the words of man may have the greatest power; tomorrow woman teaches best. In all the ways of life the man and woman should walk hand in hand; the one without the other is but half; each has a work to do.

But all things teach; each has a time and season for its own. The sun, the moon have lessons of their own for humanity, but each one teaches at the appointed time. The lessons of the sun fall down on human hearts like withered leaves upon a stream, if given in the season of the moon; and so with lessons of the moon and all the stars.

Today one walks in gloom, downhearted and oppressed; tomorrow that same one is filled with joy. Today the heavens seem full of blessedness and Hope; tomorrow Hope has fled, and every plan and purpose comes to naught. Today one wants to curse the very ground on which he treads; tomorrow he is full of Love and praise. Today one hates and scorns and envies and is jealous of the child he Loves;

tomorrow he has risen above his carnal self, and breathes forth gladness and good will.

A thousand times people wonder why these heights and depths, these light hearts and these sad, are found in every life. They do not know that there are teachers everywhere, each busy with a God-appointed task, and driving home to human hearts the truth. But this is true, and every one receives the lessons that he needs.

And Miriam said, Today I am in exaltation great; my thought and all my life seem lifted up; why am I thus inspired?

Salome replied, This is a day of exaltation; day of worship and of praise; a day when, in a measure, we may comprehend our Father-God. Then let us study God, the One, the Three, the Seven.

Before the worlds were formed all things were One; just Spirit, Universal Breath. Spirit breathed, and that which was not manifest became the Fire and Thought of heaven, the Father-God, the Mother-God. When the Triune God breathed forth, lo, Seven Spirits stood before the throne. These are the Elohim, creative spirits of the universe. These are they who said, Let us make man and woman; and in their image man and woman were made.

In early ages of the world the dwellers in the farther East said, Tao is the name of Universal Breath; and in the ancient books we read, no manifesting form has Tao Great, and yet he made and keeps the heavens and earth. No passion has our Tao Great, and yet he causes sun and moon and all the stars to rise and set. No name has Tao Great, and yet he makes all things to grow; and brings in season both the seed time and the harvest time. And Tao Great was One; the One became the Two; the Two became the Three, the Three evolved the Seven, which filled the universe with manifests.

Tao Great gives unto all, the evil and the good, the rain, the dew, the sunshine and the flowers; from his rich stores he feeds them all. And in the same old book we read of man: He has a spirit knit to Tao Great; a soul which lives within the Seven Breaths of Tao Great; a body of desires that springs up from the soil of flesh.

Now spirit Loves the pure, the good, the true; the body of desires extols the selfish self; the soul becomes the battle ground between the two. Blessed is the one whose spirit is triumphant and whose lower self is purified; whose soul is cleansed, becoming fit to be the council chamber of the manifests of Tao Great. (Aquarian Gospel Ch. 9:1-30)

The Attunements of Reiki Ryoho

Dr. Usui was not only a teacher of Reiki Ryoho but also a student of Reiki as well. Dr. Usui developed the system of Reiki known as Reiki Ryoho or Usui Reiki Ryoho out of the need to share the Gift of Reiki with the world. The exact order of its development is a little sketchy, but the following system naturally came into being.

In the beginning of Reiki Ryoho, Dr. Usui did many hands on treatments for the healing of all kinds of illness. He was successful in this and learned to give Reiju treatments which enabled his patients to work on themselves between treatments.

Many of Dr. Usui's patients became students of Dr. Usui. His students studied and practiced along with him. Through a series of Reiju Reiki treatments Dr. Usui gradually opened and attuned his students to the Gift of Reiki Ryoho. The Five Principles of Happiness and The Four Reiki Ryoho Symbols were introduced by Dr. Usui to the students to help them in understanding of Reiki.

Dr. Usui's students progressed through the different levels of Reiki until they reached the master level and were taught how to attune others in Usui Reiki Ryoho. Dr. Usui's students then became teachers who each developed their own style of teaching and attuning others.

Dr. Chujiro Hayashi, one of Dr. Usui's students, was attuned as a Reiki Master by Dr. Usui. He was one of the founders of the Usui Reiki Ryoho Gakkai and also started a Reiki Clinic in Tokyo. Many people were trained in Reiki Ryoho at the clinic. Mrs. Hawayo K. Takata was one of Dr. Hayashi's students at the clinic.

Mrs. Takata was attuned as a Reiki Master by Dr. Hayashi. Mrs. Takata brought Reiki to the West. She incorporated the Four Reiki Symbols into the attunement process. She also simplified the meanings of the symbols (Power Symbol, Distant Symbol, Mental/Emotional Symbol and Master Symbol) for use in the west to make it easier for Reiki to spread.

Mrs. Takata actually did an extraordinary thing when she added the symbols to the attunements. By sharing the Five Principles of Reiki with her students and adding the Symbols to the Attunement Procedure it was possible to bring the keys of Reiki Ryoho together in a simple format that could be passed from teacher to student even though the teacher might not have a great understanding of Reiki itself.

The Attunement of Dr. Usui

In his interview, Dr. Usui said, *"I've never been given this method by anybody nor studied to get psychic power to heal. I accidentally realized that I have received healing power when I felt the air in mysterious way during fasting."*

When we honestly examine Dr. Usui's own words describing his Attunement it becomes very obvious that Dr. Usui did not attune himself. The Healing Power of Reiki was given to Dr. Usui as a gift that was not studied for or earned.

This naturally brings us to the question, who gave the Gift of Reiki Healing to Dr. Usui? Who Attuned Dr. Usui? Some people say that Reiki is a Universal Power or Power of the Universe. Did the Universe Attune Dr. Usui?

The Universe works under the law of cause and effect. If the universe attuned Dr. Usui he would have had to train for or cause the attunement to happen to himself of his own efforts and he himself stated that was not the case. We can conclude from this that the Universe did not Attune Dr. Usui.

Dr. Usui said, "I am going to open this idea to anybody for the peoples benefit and welfare. And everyone will receive the blessing from God. With this, expect everyone to have soul and oneness."

Then you are able to lead happy life and heal others with mind of God or Buddha. That becomes principle object."

Dr. Usui states in his interview that healing others with the Enlightened Mind of God or Buddhist Consciousness is the Purpose of Reiki Healing. The Enlightened Mind of God is Love!

The Gift of Grace

Dr. Usui states *everyone will receive the blessing from God*. We are given the Blessing of Reiki through an attunement. Reiki is a gift of unwarranted favor, a gift of Grace. It is not through works that we achieve it or earn it. Reiki is a Gift of Love and Grace from Our One Creator that transcends the laws of cause and effect. Cause and effect are undone through the law of Grace by the Unconditional Love of Our One Creator. We are healed.

There was a moment of Truth when Dr. Usui received the blessing of Reiki from Our One Creator. From then on Dr. Usui sought to share Reiki with others. Because the origin of Reiki is from Our One Creator you can say that Reiki is the Original Healing System of Our One Creator that has been given to humanity throughout the ages. Rei-Ki = [Rei-(Guided by God) + Ki- (Life energy)]

Reiki always manifests in the same way. There is the moment of Truth when Reiki is received. Then the way to share the Truth is given. The Way always unfolds as The Four Truths. These unfoldments come about naturally as our Four Bodies through the Five Senses encounter the Four Conditions of Material Nature and we walk through this world. In Dr. Usui's case, Reiki has unfolded as Four Degrees, Four Symbols and the Five Principles.

Dr. Usui said, "Scholars and men of intelligence have been studying this phenomenon but modern science can't solve it. But I believe that day will come naturally."

In the statement above Dr. Usui states that the understanding of Reiki Ryoho will come about naturally as people study and practice Reiki.

The key to understanding Reiki is found in the study and practice of the teachings of the Master Healers of the Past. These Master Healers are known as the Ascended Masters. According to story on the Memorial Stone of Dr. Usui he himself studied the Scriptures.

Sensei (Dr. Usui) was very mild, gentle and humble by nature. He was physically big and strong yet he kept smiling all the time. However, when something happened, he prepared towards a solution with firmness and patience. He had many talents. He liked to read, and his knowledge was very deep of history, biographies, medicine, theological books like Buddhism Kyoten (Buddhist bible) and bibles (scriptures), psychology, jinsen no jitsu (god hermit technique), the science of direction, ju jitsu (he also learned Judo from Jigoro Kano, according to Tenon-in), incantations (the "spiritual way of removing sickness and evil from the body"), the science of divination, physiognomy (face reading) and the I Ching. I think that Sensei's training in these, and the culture which was based on this knowledge and experience, led to the key to perceiving Reibo. (short for "Reiki Ryoho") Everybody would agree with me.

Looking back, the main purpose of Reibo was not only to heal diseases, but also to have right mind and healthy body so that people would enjoy and experience happiness in life. Therefore when it comes to teaching, first let the student understand well the Meiji Emperor's admonitory, then in the morning and in the evening let them chant and have in mind the five precepts which are:

First we say, today don't get angry.

Secondly we say, don't worry.

Third we say, be thankful.

Fourth we say, endeavor your work.

Fifth we say, be kind to people.

(My friend Emiko Arai was very firm about the above wording.)

This is truly a very important admonitory. This is the same way wisemen and saints disciplined themselves since ancient times. Sensei named these the "secret methods of inviting happiness", "the spiritual medicine of many diseases" to clarify his purpose to teach. Moreover, his intention was that a teaching method should be as simple as possible and not difficult to understand. Every morning and every evening, sit still in silence with your hands in prayer (gassho) and chant the affirmations, then a pure and healthy mind would be nurtured. It was the true meaning of this to practice this in daily life, using it. (i.e. put it into practical use) This is the reason why Reiho became so popular. (see the my document on the Usui Precepts for more on this.)

The Attunement Process

As we examine the story of Modern Day Reiki we learn that Dr. Usui, the founder of Usui Reiki Ryoho, was attuned in Reiki in one single attunement. We also learn that Dr. Usui did not attune his students in the same way he was attuned but developed his own Reiju Style of Reiki Attunement that used no symbols. As Reiki was passed from teacher to student different styles of attunements were developed. Mrs. Takata did not attune her students the same way as Dr. Usui attuned his students but incorporated the Four Reiki Symbols into the Attunement Process. In spite of differences in attunement methods, Reiki Ryoho has spread around the world.

The Attunements of Reiki Ryoho are not mathematical formulas performed by the Reiki Master that somehow magically attune the student. The Reiki Master simply has enough Faith to put the Attunement Procedure she/he has been given into practice. The Teacher follows the Attunement Procedure and her/his Faith is rewarded and the student is attuned. Even if the Teacher makes mistakes in the attunement procedure her/his Faith is rewarded and the student is still attuned. Now, that is the Grace of God in action!

The Performance of The Attunement procedure is an Act of Faith by The Teacher. The Receiving of the Attunement is an act of Faith by the Student. Whether the Teacher knows it or not, The Attunement Procedure Itself is a Form of Prayer that the Teacher uses to connect with Our One Creator, the giver of the Reiki Attunements.

The Teacher need not even know that this Attunement Procedure is a Prayer of Faith directed to Our One Creator for it to be answered. The Attunements happen because Our One Creator Loves us beyond measure and chooses to answer our prayers of Faith. The attunement transfers from Our One Creator and moves to the student who is permanently attuned (anointed) with Reiki.

The Master Yeshua (Jesus) said, "If you have Faith as a mustard seed (small seed), you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you." Matthew 17:20

The Law of Grace

Grace is the only Law that transcends the laws of cause and effect (Karma- Maya- Duality- Prakriti). The Law of Grace is the Law of Unwarranted Favor and therefore transcends and heals cause and effect. Grace is the Gift of God, Our One Creator. Reiki is a gift of Grace given to humanity by Our One Creator for Tikkun Olam, Repair of the World.

With a little study of the teachings of Master Healers of ages past, it is easy to see that Reiki Ryoho is part of the Original Healing System of Our One Creator. When we simply examine its' natural evolution and make some comparisons, it becomes obvious.

It was given to Dr. Usui in one attunement. It evolved from there into Four Distinct Levels with Four Symbols. Each Symbol has a relative relationship with one Level of Reiki and one of the Four Bodies, The Acting Body, The Thinking Body, The Feeling Body and The Karmic Body. The Four Levels naturally evolved to attune and heal the Four Bodies that we each have.

The Heritage of Reiki

Reiki Ryoho has a rich heritage far beyond its modern day manifestation. Wise men and women, saints, sages, teachers, prophets and Ascended Masters of Healing from the past have left us a wealth of information on Reiki Healing. They each experienced a Moment of Truth and Received the Blessing from Our One Creator. They then learned to share the knowledge and blessing of God with the world.

The Ascend Masters are known throughout the world as Master Healers. Each one of them had their moment of truth. Each One of them and was anointed and attuned by Our One Creator. From that Moment of Enlightenment they began to share the Gift of Reiki with humanity. They each taught Reiki and passed Reiki Attunements in their own style.

Modern Day Reiki has Four Degrees and Four symbols. The pattern of Truth found in Modern Day Reiki is ever the same as it has been throughout the ages. Each truth adding to the other until all the pieces are together and whole.

- o Miriam and Yeshua teach The Four Truths of The Great Law (Grace).
- o Yasodhara and Buddha teach The Four Noble Truths that end suffering.
- o Uma and Brahman teach that we have Four Bodies. The Acting, Thinking, Feeling, and Karmic Bodies and that through service, devotion and the abundance of Love our Divine Nature is experienced and expressed.
- o Radharani and Krishna teach that the Four Bodies correspond to the Four Conditions of Material Nature and The Four Conditions of Material Nature can be overcome through Grace and we can return to Our Divine Nature of Innocence, Purity, Love and Wisdom.

As Reiki is practiced worldwide the understanding of Reiki grows naturally as the Collective Conscious of The Reiki Community is opened to and shares the deeper meaning of Reiki Ryoho found in the present as well as its rich history from the past.

The Attunements of Reiki Ryoho

There are Four Attunements, one for each degree, in Reiki Ryoho. The Four Degrees are as follows:

- I. Shoden- Reiki I- (1st Degree Reiki Practitioner)
- II. Okuden- Reiki II- (2nd Degree Reiki Practitioner)
- III. Shinpiden- Reiki III- (3rd Degree Reiki Master/Practitioner) (ART- Advanced Reiki Training)
- IV. Shihan- (Reiki IV)- (4th Degree- Master/Teacher)

The Attunement Procedure of Reiki Ryoho is a very easy and straightforward. A simple Prayer of Faith is said by the Reiki Master/Teacher and the Attunements are given to the student by Our One Creator. The Teacher and student need not believe in anything in particular for the Attunements to be given and received. All that is necessary is for the Teacher and Student to have the little bit of Faith to follow the Attunement Procedure and the Attunement will be given to the student.

The use of symbols is Optional in this Method of Attunement. This Attunement Method can be used by any Reiki Master/Teacher regardless of the Attunement Method in which they were attuned to the Master/Teacher Level. Our One Creator will honor your intent and your Faith in passing attunements. Your students will be attuned whether they are in the same room with you or in distant place in another part of the world.

It is up to the Teacher and student to decide upon an attunement schedule for The Four Degree Attunements of Reiki Ryoho. The Attunements can be given in a class or at a distance.

- o The Four Attunements can be given one at a time in a class setting. The Teacher gives one attunement with each of the Four Degree Classes. There would be a chosen time interval between classes. This does give the student time to practice and learn at each degree level before moving on to the next.
- o The Four Attunements can be given in a one day class with a short interval of time between attunements. For instance, two attunements can be given in the morning with some time for practice and discussion between attunements. Two attunements can be given in the afternoon with practice and discussion between attunements.
- o The Four Attunements can be given in one Attunement session, giving the four attunements consecutively, one after the other until all four are given.

Each method has its benefits and makes Reiki Ryoho quite flexible in the way it is shared with others. The student who receives all Four Attunements in one attunement session can practice and learn at their own pace. The Reiki energy will naturally unfold within them and guide them as they progress through their Degree Lessons that they receive from daily hands on Reiki Practice and studying their Reiki Books.

The Attunement Procedure

Attunement/Initiation/Anointing Of Fourth Degree Reiki Ryoho

Preparation for the Student

Begin your day with ease and continue in your easy, calm and peaceful way. Think about and be thankful for the precious gift of the Attunement you are receiving. You may choose to pray, meditate, and dedicate the receiving of your attunements to be in Love and service for your family, your friends, all humanity and yourself. Feel and perceive the energy coming to you in the here and now as you prepare for and receive your attunement. Now is a very personal time of preparation. Prepare The Way with Ease and Peace. At the appointed time of here and now, sit in a comfortable, quiet place and receive your attunement.

The Attunement

Your Reiki Teacher holds you in Her/His thoughts and prayers and An Attunement Link with Our One Creator is opened and established with you. Our One Creator attunes your whole being in the Love and Light of Reiki. Receive and Experience your Attunement with ease.

Through The Attunement Link with Our One Creator, you receive your attunement. Our One Creator opens and establishes a permanent conscious connection with you. Through the Attunement Link with Our One Creator, a permanent Attunement in Reiki is given to you. A permanent conscious connection with the Love and Light of Reiki and Our One Creator is opened within you.

Preparation for the Teacher

Begin your day with ease and continue in your easy, calm, peaceful way. Think about and be thankful for the precious gift of the Attunement you are to share. You may choose to pray, meditate, and dedicate the sharing of the attunement to be of service to your student, to family, friends, all humanity and yourself. Feel and perceive the energy coming to you as you prepare for and give the attunement. If you have not memorized the Attunement Procedure you can read it out loud to your student.

Choose a quiet place for the attunement.

The Attunement Procedure need not be memorized, but can be read aloud.

The Student may be seated in a comfortable chair.

Shihan

The Fourth Degree Master Attunement of Reiki Ryoho



The Teacher stands in front of the student and Draws the Dai-Ko-Myo symbol in the air and sends it into the student.



The Teacher sets the intent by reading the following out loud.



Tao Great, Our One Creator..... Ascended Masters..... Arch Angels, we thank You for Your Presence, Your Guidance, Your Blessing, Your Anointing and Your Love in this Healing Attunement.

Pause for a few moments.....and then continue.....

Claireaze and Michael, Archangels of Radharani and Krishna we thank you for opening to us the North Gate of our Heavenly Home in the Mode of Wisdom.

The Teacher then stands on the left side of the student facing the same way as the student. The Teacher places her/his right hand on the left shoulder of the student.

Pause for a few moments and continue.....

Radharani and Krishna, through our Faith in You, we pray that You give, here and now, to (Students Name), Shihan, the Fourth Degree Master Attunement of Reiki Ryoho.

take a few minutes to receive and experience the Attunement Energies in and through your whole being.

...Pause... for attunement energies to be given to the student.... Wait for a feeling of Completion.....

Read to the Student...

Radharani and Krishna, we acknowledge and we thank You for Your full attunement and activation of Shihan, The Fourth Degree Master Attunement of Reiki Ryoho in and through 's whole being.

Radharani and Krishna, We thank You for Your continual Healing, Peace, Abundance, Joy, Love and Happiness on our path of Reiki and in our Lives.

The Teacher then bows to the student and says: "Namaste"

Then the Student bows and says: "Namaste".

