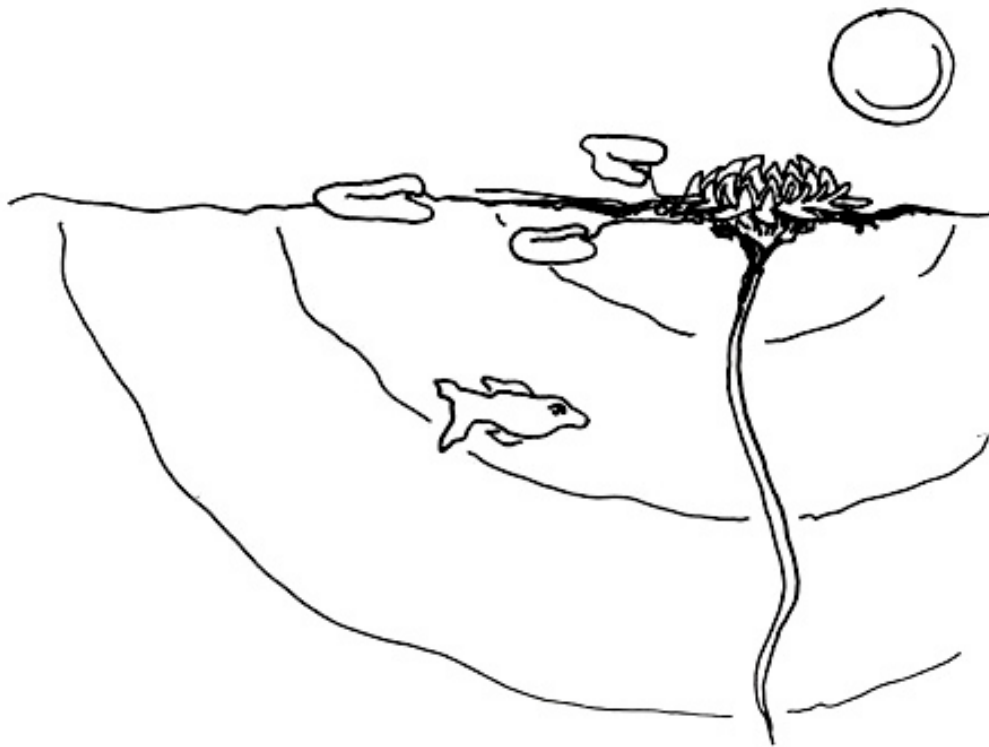


The Book of Remembrance

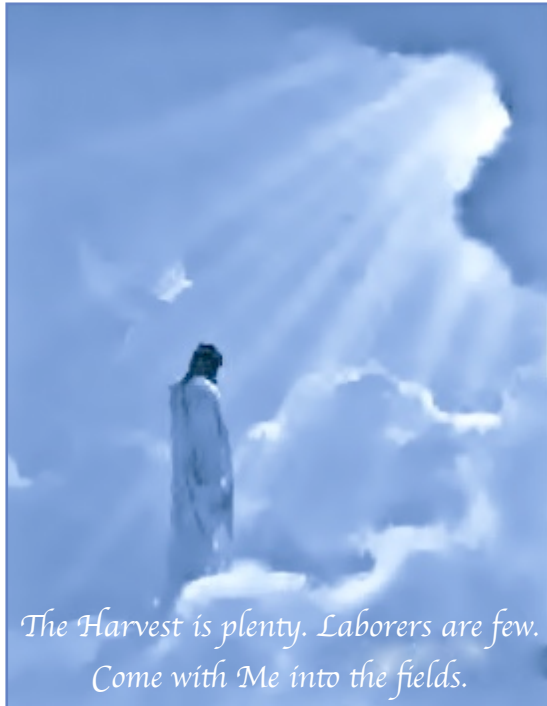


*A discipline of Faith Gifted to
Jayson and Leslie Suttkus*

יעקב וישראל וישראל

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Repairing the World: Tikkun Olam



Awakened in the night three times, and each time the Hebrew words "Tikkun Olam" were heard. Leslie also had a dream in which she heard the words "And The Holy One, through thought, brought the broken shards together with the 22 letters".

Tikkun (teek-koon)- Union of The Feminine and Masculine Aspects of God.

Olam (oh-LAHM)- Eternity, World, everlastingness

According to the Kabbalah, in the beginning, Our One Creator formed countless Vessels of Light to hold the Divine Light. Our One Creator poured into each vessel the Divine Light which is the Union of the Feminine and Masculine aspects of God in One. In each Vessel the Light was filled with True Love. Each Vessel was whole and complete, a world in itself. Each Vessel was in Union with God.

When the Vessels of Light came into contact with

the realm of matter each vessel shattered in two. These two broken shards of a single vessel were perfect matches, Twin Sparks and Twin Shards you might say, because the two came from the one Vessel of Light. One shard contained the Spark of the Divine Feminine Aspect of God and became known as Woman. The other broken shard contained the Spark of the Divine Masculine Aspect of God and became known as Man. The broken shards were scattered about the world.

Humanity was given the task of helping God reunite the scattered light, re-pairing of the broken vessels and restoring the broken world. The Spark of the Divine in Each shard was given the task of finding its perfect mate, its Twin Spark, its Twin Shard, so they could find the True Love of God and become One Vessel of Light again. Thus the Re-Pairing of the Twinship of Woman and Man became the great task of Humanity, the task of Tikkun Olam.



The Path

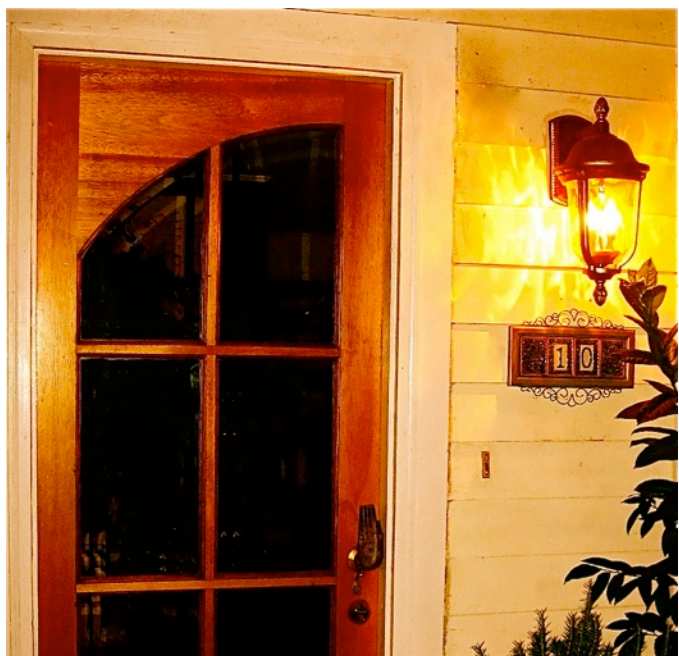
Love

Though I speak with the tongues of men and of angels, but have not Love, I am sounding brass or a tinkling cymbal. Though I tell what is to come, and know all secrets, and all wisdom; and though I have Faith so strong as the storm which lifts mountains from their seat, but have not Love, I am nothing.

And though I bestow all my goods to feed the poor, and give all my fire that I have received from my Father, but have not Love, I am in no wise profited.

Love is patient, Love is kind. Love is not envious, works not evil, knows not pride; is not rude, neither selfish; is slow to anger, imagines no mischief; rejoices not in injustice, but delights in truth and justice. Love defends all, Love has Faith in all, Love Hopes all, Love bears all; never exhausts itself; but as for tongues they shall cease, and, as for knowledge, it shall vanish away. For we have truth in part, and error in part, but when the fullness of perfection is come, that which is in part shall be blotted out.

When I was a child I spoke as a child, understood as a child, thought as a child; but when I became a man I put away childish things. For now we see through a glass darkly; but then face to face will know even as we are known. And now remain these three: Faith and Hope and Love; but the greatest of these is Love. (Yeshua- The Essene Gospel of Peace p.19-20)(Bible 1st. Cor. ch. 13)



The Golden Chord

Now, Rabbi Barachia of the synagogue of Nazareth, was aid to Miriam in the teaching of her son. One morning after service in the synagogue the rabbi said to Yeshua as he sat in silent thought, Which is the greatest of the Ten Commands?

And Yeshua said, I do not see a greatest of the Ten Commands. I see a golden cord that runs through all the Ten Commands that binds them fast and makes them one. This cord is Love, and it belongs to every word of all the Ten Commands.

If one is full of Love he can do nothing else than worship God; for God is Love. If one is full of Love he cannot kill; he

cannot falsely testify; he cannot covet; can do naught but honor God and man.

If one is full of Love he does not need commands of any kind.

And Rabbi Barachia said, Your words are seasoned with the salt of wisdom that is from above. Who is the teacher who has opened up this truth to you?

And Yeshua said, I do not know that any teacher opens up this truth for me. It seems to me that truth was never shut; that it was always opened up, for truth is one and it is everywhere. And if we open up the windows of our minds the truth will enter in and make herself at home; for truth can find her way through any crevice, any window, any open door.

The rabbi said, What hand is strong enough to open up the windows and the doors of mind so truth can enter in?

And Yeshua said, It seems to me that Love, the golden cord that binds the Ten Commands in one, is strong enough to open any human door so that truth can enter in and cause the heart to understand. (Aquarian Gospel ch. 17:1-12)



The Greatest Commandment

The Lord our God is One Lord.

And you shall Love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength: this is the first commandment.

And the second is like, namely this, You shall Love the stranger as yourself. There is no other commandment greater than these.

(Yeshua- Mark 12:29-31)



Print by Walter Anderson
Colored by Leslie Suttkus

Reiki

靈氣

Reiki

(Japanese Kanji)

Reiki is a Japanese word pronounced Ray - Key

- ♦ *Rei - means "Divine Love", "Divine Wisdom"*
- ♦ *Ki - (Chi, Prana) means "Vital Energy" or "Life Force Energy" which flows in and through everyone and everything*
- ♦ *Reiki - The essence of Life Energy guided by The Divine Love and Wisdom of Our One Creator.*

靈

The old form Kanji (Japanesystem of writing) as written on the precepts by Usui Sensei, best describes the system known as Reiki Ryoho. It is easily explainable as follows:

氣

Reiki- On the earth stands a shaman (healer) with his arms raised against the sky. From heaven the rain comes down with lifesaving energy consisting of 3 parts, Light, Love and Wisdom. The shaman (healer) acts as a channel (channeling this energy down to all the people of the Earth). The Reiki Teacher is the channel when s/ he initiates students and practitioner is the shaman (healer), when s/he channels this spiritual energy to the people treated.

靈

Rei – Strokes, 24. Consists of 3 parts. Top is rain, middle is things and bottom is Shaman. Rei means "spirit or spiritual". The Japanese dictionary defines Rei as:

(1) Spirit; the spiritual aspect of the human being as contrasted to the physical. (2) Divine, numinous, charismatic, supernatural, mysterious. (3) The luminosity of the spirit; the luminosity of a God or Sage.

(4) Inconceivable spiritual ability; charismatic power; charisma; wonderful; a wonder. (5) A rainmaker, a diviner; a person or being with spiritual or supernatural powers. (6) A shaman. (7) Goodness; good, excellent, efficacious. (8) Clever, nimble, sharp. (9) Life. (10) A living being; a human being. (11) A supernatural (mythical) beast or being; a fairy, an elf. (12) Pure, undefined, unpolluted. (13) Bright, clear.

氣

Ki – Strokes, 10. Consists of Breath with rice (Rice in Japan is sometimes used as a synonym for people). Ki means "energy". The Japanese dictionary defines Ki as:

(1) Vital energy connected with the breath. Invisible life-force, somewhat equivalent to the Indian Prana. (2) In the view of Zhuxi and other Neo-Confucians, the material force of the Universe. The generative forces of heaven and earth, by means of which all things are constantly reproduced. (3) Air. (4) Breath, steam.

Note: Above Kanji explanations from:

<http://www.angelfire.com/az/SpiritMatters/intro1.html#ryoho>

Dr. Mikao Usui



Q. How does Usui Reiki Ryoho work?

A. "I've never been given this method by anybody nor studied to get psychic power to heal.

I accidentally realized that I have received healing power when I felt the air in mysterious way during fasting.

So I have a hard time explaining exactly even I am the founder." - Dr. Mikao Usui

(From an interview: translated by Andrew Bowling

Explanation of Reiki By founder: Mikao Usui

(Writer: Andrew Bowling Usui Reiki Master/Teacher)

(SPECIAL NOTE: These pages are a new translation of the Japanese document and NOT taken from any book.)

(This is a copy of Ms. Koyama's own manual.)

(Those who have seen the Hayasi manual will notice the similarities, also from the notes taken by Takata student.)

(The Guide to Method of Healing was written by Hayashi at Usui's request. It was used by Usui also, but of course he did not live long after meeting Hayashi.)

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From ancient times whenever someone develops a secret method the one would teach this to the people among family, as a legacy for the later generations of the family living. That idea, not to open to the public and keep that sacred method in the family, is really the past century's bad custom.

In modern days we have to live together. That's going to be the basis of happiness, earnestly wanting social progress.

That's why I definitely won't allow to keep this for myself. Our Reiki Ryoho is a creative idea, which no one has developed before and there is nothing like this in this world. Therefore I am going to open this idea to anybody for the peoples benefit and welfare.

And everyone will receive the blessing from God. With this, expect everyone to have soul and oneness.

Our Reiki Ryoho is an original therapy method using the power based on Reiki, which is a universal power in the universe.

With this, first for human beings themselves to be strong and healthy. Then to improve the thoughts, to be mild and healthy, and human life to be pleasant.

Nowadays inside and outside of living we need improvement and restructuring away from illness and suffering, many fellows have worrying mind out of illness and accident. I dare to openly teach this method.

Q. What is Usui Reiki Ryoho?

A. Graciously I have received Meiji Emperor's last injunctions. For achieving my teachings, training and improving physically and spiritually and walking in a right path as a human being, first we have to heal our spirit. Secondly we have to keep our body healthy. If

our spirit is healthy and conformed to the truth, body will get healthy naturally. Usui Reiki Ryoho's missions are to lead peaceful and happy life, heal others and improve happiness of others and ourselves.

Q. Is there any similarity to hypnotism, Kiai method, religious method or any other methods?

A. No, there is no similarity to any of those methods. This method is to help body and spirit with intuitive power, which I've received after long and hard training.

Q. Then, is it psychic method of treatment?

A. Yes, you could say that. But you could also say it is physical method of treatment. The reason why is Ki and light are emanated from healer's body, especially from eyes, mouth and hands. So if healer stares or breathes on or strokes with hands at the affected area such as toothache, colic pain, stomachache, neuralgia, bruises, cuts, burns and other swellings with pain will be gone. However a chronic disease is not easy, it's needed some time. But a patient will feel improvement at the first treatment. There is a fact more than a novel how to explain this phenomenon with modern medicine. If you see the fact you would understand. Even people who use sophistry can not ignore the fact.

Q. Do I have to believe in Usui Reiki Ryoho to get better result?

A. No. It's not like a psychological method of treatment or hypnosis or other kind of mental method. There is no need to have a consent or admiration. It doesn't matter if you doubt, reject or deny it. For example, it is effective to children and very ill people who are not aware of any consciousness, such as a doubt, rejection or denying. There may be one out of ten who believes in my method before a treatment. Most of them learn the benefit after first treatment then they believe in the method.

Q. Can any illness be cured by Usui Reiki Ryoho?

A. Any illness such as psychological or an organic disease can be cured by this method.

Q. Does Usui Reiki Ryoho only heal illness?

A. No. Usui Reiki Ryoho does not only heal illness. Mental illness such as agony, weakness, timidity, irresolution, nervousness and other bad habit can be corrected. Then you are able to lead happy life and heal others with mind of God or Buddha. That becomes principle object.

Q. How does Usui Reiki Ryoho work?

A. I've never been given this method by anybody nor studied to get psychic power to heal. I accidentally realized that I have received healing power when I felt the air in mysterious way during fasting. So I have a hard time explaining exactly even I am the founder. Scholars and men of intelligence have been studying this phenomenon but modern science can't solve it. But I believe that day will come naturally.

Q. Does Usui Reiki Ryoho use any medicine and are there any side effects?

A. Never uses medical equipment. Staring at affected area, breathing onto it, stroking with hands, laying on of hands and patting lightly with hands are the way of treatment.

Q. Do I need to have knowledge of medicine?

A. My method is beyond a modern science so you do not need knowledge of medicine. If brain disease occurs, I treat a head. If it's a stomachache, I treat a stomach. If it's an eye disease, I treat eyes. You don't have to take bitter medicine or stand for hot moxa treatment. It takes short time for a treatment with staring at affected area or breathing onto it or laying on of hands or stroking with hands. These are the reason why my method is very original.

Q. What do famous medical scientists think of this method?

A. The famous medical scientists seem very reasonable. European medical scientists have severe criticism towards medicine.

To return to the subject, Dr. Nagai of Teikoku Medical University says, "we as doctors do diagnose, record and comprehend illnesses but we don't know how to treat them."

Dr. Kondo says, "It is not true that medical science made a great progress. It is the biggest fault in the modern medical science that we don't take notice of psychological affect.

Dr. Kuga says, "it is a fact that psychological therapy and other kind of healing treatment done by healers without doctor's training works better than doctors, depending on type of illnesses or patient's personality or application of treatment. Also the doctors who try to repel and exclude psychological healers without doctor's training are narrow-minded.

From Nihon Iji Shinpo- It is obvious fact that, doctors, medical scientists and pharmacists recognize the affect of my method and become a pupil.

Q. What is the government's reaction?

A. On February 6th, 1922, at the Standing Committee on Budget of House of Representatives, a member of the Diet Dr. Matsushita asked for government's view about the fact that people who do not have doctor's training have been treating many patients with psychological or spiritual method of treatment.

Mr. Ushio, a government delegate says, "a little over 10 years ago people thought hypnosis is a work of long-nosed goblin but nowadays study has been done and it's applied to mentally ill patients. It is very difficult to solve human intellect with just science.

Doctors follow the instruction how to treat patients by medical science, but it's not a medical treatment such as electric therapy or just touching with hands to all illnesses." So my Usui Reiki Ryoho does not violate the Medical Practitioners Law or Shin-Kyu (acupuncture and moxa treatment) Management Regulation.

Q. People would think that this kind of healing power is gifted to the selected people, not by training.

A. No, that isn't true. Every existence has healing power. Plants, trees, animals, fish and insects, but especially a human as the lord of creation has remarkable power. Usui Reiki Ryoho is materialized the healing power that human has.

Q. Then, can anybody receive Denju (first teaching) of Usui Reiki Ryoho?

A. Of course, a man, woman, young or old, people with knowledge or without knowledge, anybody who has a common sense can receive the power accurately in a short time and can heal selves and others. I have taught to more than one thousand people but no one is failed. Everyone is able to heal illness with just Shoden. You may think it is inscrutable to get the healing power in a short time but it is reasonable. It's the feature of my method that heals difficult illnesses easily.

Q. If I can heal others, can I heal myself?

A. If you can't heal yourself, how can you heal others.

Q. How can I receive Okuden?

A. Okuden includes Hasureiho, patting with hands method, stroking with hands method, pressing with hands method, telesthetic method and propensity method. I will teach it to people who have learned Shoden and who are good students, good conduct and enthusiasts.

Q. Is there higher level more than Okuden?

A. Yes, there is a level called Shinpiden.

Karma and Grace

There are two laws that operate in the universe. The first is the law of Karma or cause and effect, "whatever you sow, you reap. In physics this is called Newton's law- "for each action there is an opposite and equal reaction".

The Second Law is the Law of Grace. Grace is the spontaneous, unmerited gift of Divine favor from God. Salvation is God's uncaused and overflowing Love and Grace for a fallen humanity. We are unable to save ourselves.

For by Grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. (Ephesians 2:8-9)

The Gift of Reiki Ryoho

Reiki Ryoho is the original name of Reiki attributed to Dr. Mikao Usui. Reiki Ryoho briefly means: The method by which God's Light, Love and Wisdom flow from Heaven to Earth for the Healing of all Humanity.

Sometimes Reiki Ryoho is called Usui Reiki Ryoho or Usui Shiki Ryoho.

Usui- Dr. Mikao Usui- founder

Reiki- Guided by God, Light, Love and Wisdom flow from Heaven to Earth for the Healing of all Humanity.

Ryoho- Healing Method, therapy, remedy, cure

Shiki- Style, system, rite, form

The Gift of Reiki Ryoho is a miracle of God's Grace, beyond Dr. Usui's own achievements, levels of learning and beyond his own efforts. Reiki Ryoho is a Gift from God's Grace that has been given to Humanity for its Healing and Enlightenment.

Over the years Reiki Ryoho has evolved from it's humble beginnings with Dr. Usui into a system of learning, healing and enlightenment. Reiki Ryoho is guided by the Light and Love of God so it is naturally evolving into a system that is totally integrated with great truths given to humanity throughout the ages by the Master Teachers of Our One Creator.

The Gift of Reiki Ryoho is received through an initiation called an "Attunement". There is an attunements for each of the Four Degrees of Reiki Ryoho. The Attunements are given by the Teacher to the student. From the moment the student receives the first attunement, Reiki Healing energy begins to flow in and through the new Reiki Practitioner for the healing of themselves and others. Each subsequent attunement deepens the flow of Reiki in and through the Reiki Practitioner's Life.

Dr. Usui was a student of Buddha, so it is only natural to see a reflection of Buddha in the teachings of Reiki Ryoho. Buddha teaches that there are Four Noble Truths. Reiki Ryoho has Four Symbols, Four Attunements and Four Degrees.

Reiki and the Teachings of Buddha

Reiki Ryoho

I. Cho-Ku-Rei
Shoden- First Degree
Hands on Healing



II. Hon-Sha-Ze-Sho-Nen
Okuden- Second Degree
Distant Healing



III. Sei-Hei-Ki
Shinpiden- Third Degree
Emotional Healing



IV. Dai-Ko-Myo
Shihan- Fourth Degree
Karmic Healing



The Four Noble Truths

I. Existence brings unhappiness.

II. Unhappiness is caused by selfish craving.

III. Selfish craving can be overcome.

IV. It can be overcome by following the Eightfold Path whose steps are:

1. Right View
2. Right Intent
3. Right Speech
4. Right Focus
5. Right Alertness
6. Right Purpose
7. Right Effort
8. Right Motivation

The Pathway of Nirvana

I. Those whose mind is well grounded in the Seven Elements of Knowledge

II. Who without clinging to anything, rejoice in the freedom from attachment, whose appetites have been conquered

III. Who are full of Light

IV. They win Nirvana, even in this world.

(Nirvana- The Teachings of the Compassionate Buddha p. 58)





(The Four Noble Truths- The Teachings of the Compassionate Buddha p. 28 and The Living Buddha p.45)

The Secret of Inviting Happiness



The Four Directions

The Most Basic truth on earth is the Common Knowledge of the Four Directions. East, South, West and North are The Cardinal Points on the compass and are used world wide for discerning where we are and navigating our way Home.

	East	South	West	North
Time of Day Dawn	Dawn	Noon	Sunset	Midnight
Time of Year	Spring	Summer	Autumn	Winter
Time of Life	Childhood	Adolescence	Youth	Adult
Space	Being (Individual)	Dwelling (Shelter)	Nature (Outside)	Humanity (Interaction)
The Four Bodies	Acting Body Gross A	Thinking Body Subtle -U-	Feeling Body Causal M	Divine Body Atmic OM
Divine Nature	Innocence	Purity	Love	Wisdom
The Four Symbols of Reiki Ryoho				

The Law of Attraction

The Law of Attraction has been called the Secret. It shows us that whatever we place our attention on, hold in our thoughts, intentions and feelings we get more of. If we hold in our thoughts, intentions and feelings “I want more money” we will draw into our life “wanting more money”. If we hold in our thoughts, intentions and feelings “I don’t have enough” we will get more of not having enough. If we hold in our thoughts, intentions and feelings negative thoughts we will get more negative etc.

The good thing about the Law of Attraction is that positive thoughts and feelings are 100 times more powerful than negative thoughts. If we hold, in our thoughts intentions and feelings, thankfulness for what we have and receive then we

will receive more of that we are thankful for. If we hold in our thoughts, intentions and feelings the Presence of Our One Creator we will receive more of the Presence of Our One Creator in our lives.

We may have some negative thoughts along the way but the thoughts of Our One Creator, and the attributes of Our One Creator such as Love, Peace, Abundance, Joy, Love and Happiness are much greater than negative thought patterns and will overcome negativity if practiced even just a little. When we find ourselves thinking about something and start feeling bad we know that our thoughts are upon something negative. We can then change how we feel by changing what we are thinking about.

We surrender to Love as we open ourselves to the Reiki Energy. Guidance through the Grace of God becomes a natural part of our daily lives and we are shown, through our practice, the positive thoughts, intentions and feelings that bring us Healing, Peace, Abundance, Joy, Love and Happiness.

The Four Modes of Material Nature- Karma

The Manifestation of the Material Universe is caused by the Love and Attention of The Great Being upon the Field of All Possibilities, The Quantum Field, The Unified Field. The Material Universe operates under One Fundamental Law composed of Four Principles.

- 1. Matter- Tamas
- 2. Energy- Rajas
- 3. Light- Sattwa
- 4. Duality- Prakriti

When The Individual Self, (Divine Self, Atma, Atmic Being), incarnates into the Material Universe, it is affected by the Four Modes or Conditions of the Material Nature of The Universe. As we each walk through the world we can operate blindly in the Modes of Material Nature or we can open our eyes and walk through the world in The Modes of Divine Nature. We can walk in the world, subject to Karma (Cause and Effect) or we can walk in the World Guided by Grace and begin to transcend Karma. We can be in the world, but not of the world.

The Four Modes of Divine Nature- Grace

- 1. **Innocence-** (Consciousness) (5 Senses, 7 Anatomical Systems) (Gross Body) (Universe)
- 2. **Purity-** (Collective Consciousness) (5 Pranas within the body, 7 Auras around the body) (Subtle Body) (Akasha)
- 3. **Love-** (Cosmic Consciousness) (5 Front Body Chakras, 7 Chakras on the spine) (Causal Body) (The Heavens)
- 4. **Wisdom-** (Divine Consciousness) (Meridian System and its Conceptual Vessel, Governing Vessel and 12 pairs of Organ Meridians) (Atmic Body) (The Godhead)

Surrender to Love

- **1. The Mode of Ignorance-** Ignorance is the State of Ignoring. We ignore Love, Our Own Divine Nature and Our One Creator and become willing subjects of the Current of the Inertia of Matter and experience Suffering and Unhappiness. (Tamas)
The Mode of Innocence- When we begin to Remember Our One Creator and Our Own Divine Nature we Return to Innocence.
- **2. The Mode of Passion-** The energy of the universe engages our senses with desire for the material nature. When there is never enough we have entered into the Mode of Passion. (Rajas)
The Mode of Purity- When our senses become engaged with Our One Creator impurities are cast off and we return to Our Own Divine Nature.

- **3. The Mode of Goodness-** The Light of our life is the sun and stars, the seasons, seedtime and harvest time. We recognize that what we sow, we reap. In our own eyes we do good works to help people so we can receive material blessings. We receive Good Karma. This leads us to act through the legalistic system of Karma with ulterior motives, to get gain of the material world. We become attached to the fruits of our actions and enter the Mode of (Goodness-Works). (Sattwa)
The Mode of Love- We begin to sow everything in Unconditional Love, without attachment to the outcome, without attachment to the fruits of our actions and without thought of reward. We Love simply because we can. We Return to Love through the Gift of Grace. In this way we do Good Works that Honor God and Humanity and through Grace begin to transcend Karma.
- **4. The Mode of Illusion-** We enter the Duality of the Universe, forget Our Own Divine Nature, think the Universe is all there is to life and enter the Mode of Illusion. (Prakriti)
The Mode of Wisdom- When we begin to recognize the Omnipresence of Our One Creator in us and all around us in the universe, in all things and in all beings, we return to Wisdom.

Dharma

*The Sanskrit term **Dharma** (Devanāgarī) (Pali: Dhamma) signifies the underlying order in nature and life (human or other) considered to be in accord with that order. The word dharma is generally translated into English as 'law' and literally translates as 'that which upholds or supports' (from the root 'Dhr' - to hold), here referring to the order which makes the cosmos and the harmonious complexity of the natural world possible. As in the West, the concept of natural or divine law, has, throughout the history of Indian civilization, governed ideas about the proper conduct of living. The symbol of the dharma - the wheel.*

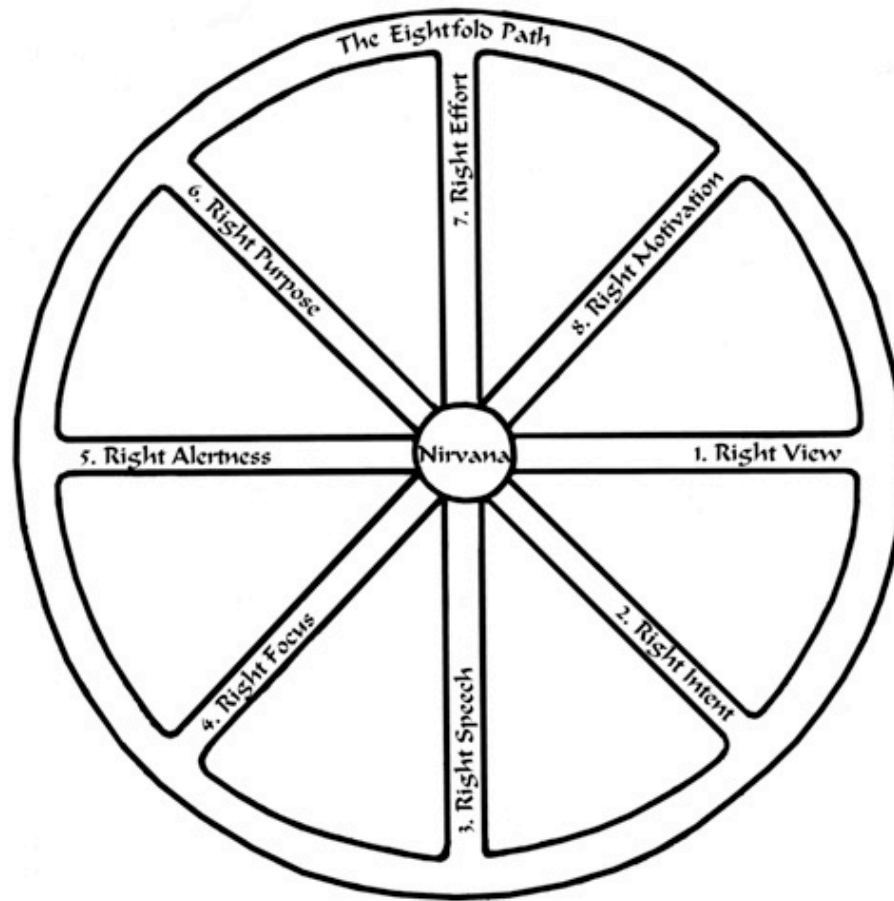
*In its most frequent usage (in the sphere of morality and ethics) dharma means 'right way of living', 'proper conduct', 'duty' or 'righteousness'. With respect to spirituality, dharma might be considered **the Way of the Higher Truths** or what is considered to be 'right' or in truest accord with the deepest realities of nature. Beings that live in accordance with Dharma proceed more quickly toward Nirvana. Dharma constitutes the religious and moral doctrine of the rights and duties of each individual.*

Dharma in its universal meaning shares much in common with the way of Tao.



(from- <http://www.wikipedia.org>)

The Wheel of Dharma

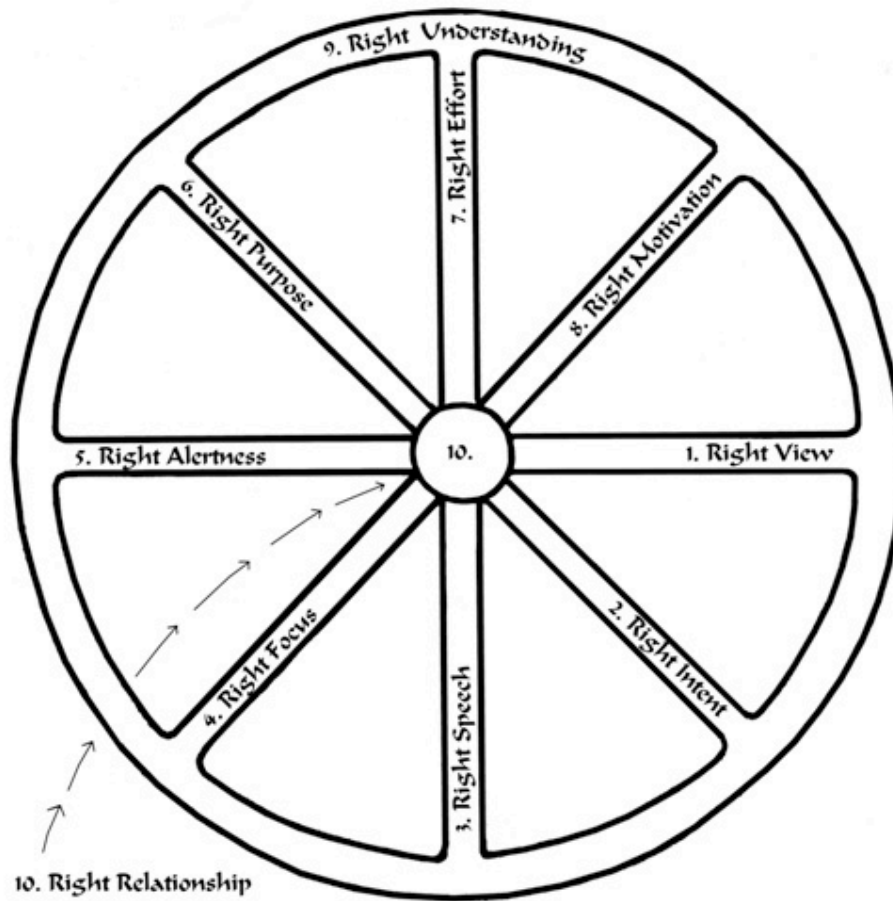


Buddha used the symbol of the wheel to express the first day of his illumination, when he discovered the truth. Buddha referred to the Wheel of Life which he first saw and understood, and then set in motion the wheel of teaching, Dharma as it was called.

To understand this symbology more fully, it is necessary to analyze another factor in the cosmology of Buddha and this is the notion of Nirvana. This basic character of the Samsara (the world) is that it consists of things which appear and disappear. The basic character of Nirvana is that it does not appear and does not disappear. In the Samsara there is continuous endless movement in circles, but in Nirvana there is no movement for it does not exist in time or space. For this reason, it was symbolized in the Wheel of Life by the central point of the wheel around which all things turn but which itself does not move. Everything else within the circumference of the wheel endlessly turns and turns, but the central point remains stationary. always the same.

The main warning Buddha gave was not to base happiness on ephemeral things, which appear and disappear, as do the things of the Samsara, but to realize that happiness was located on the eternal, immovable central point of the Wheel of Life, the Nirvana, which never appears and never disappears but always is. When a woman/man starts to leave the circumference of the Wheel and to walk along the Noble Eightfold Path (eight spokes) toward the center, s/he will be less and less subject to the blind forces of Tanha (thirst, passions) in the Samsara; and s/he will gradually get nearer and nearer to her/his goal at the central point of the turning Wheel, the point which is no longer in the continual circle of ephemeral things, the circle of thirst and phenomena and suffering. (from p. 42 & 44 of "The Living Buddha" by Edmond Bordeau Szekely)

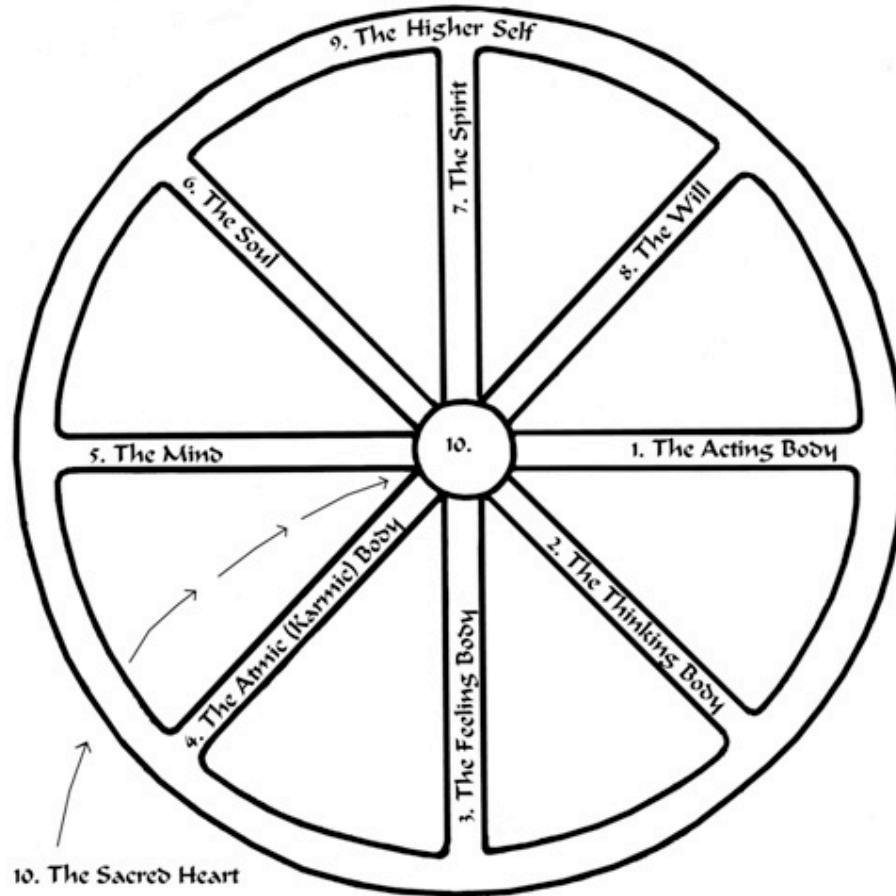
The Ten Parts of the Wheel



The Self begins to walk the outer circumference of the wheel and, one at a time, encounters the eight spokes of the wheel. No one can walk the path for another, only the Self walks the path and begins to understand how to connect with the hub through each spoke of the Wheel. As "*the Way of the Higher Truth*" of the Eightfold Path is revealed to the Seeker of Truth. The Higher Self emerges within the Self and walks the circumference of the wheel with Right Understanding. With Right Understanding the eight spokes of the wheel are held together in perfect balance. The wheel turns steady and true. The Path of the outer circumference of the Wheel, the Eight Spokes of the Wheel and The Higher Self come into Right Relationship with Our One Creator and all beings and The Higher Self enters the Heart and Hub of the Wheel. The Ten Parts of the Wheel, (The Outer Rim- The Eight Spokes- the Hub) reveal the Tenfold Nature of Our Being.

1. Right View reveals Right Attention..... Acting Body
2. Right Intent reveals Right Choice..... Thinking Body
3. Right Speech reveals Right Direction..... Feeling Body
4. Right Focus reveals Right Posture..... Karmic Body
5. Right Alertness reveals Right Awareness..... Mind
6. Right Purpose reveals Right Reason..... Soul
7. Right Effort reveals Right Communication..... Spirit
8. Right Motivation reveals Right Action..... Will
9. Right Understanding reveals Right Reverence..... Higher Self
10. Right Relationship reveals Right Home..... Sacred Heart

The Tenfold Nature of Our Being



Each of the Ten Parts of the Wheel has a relationship with one of the Ten Parts of our Total Subtle Anatomy.

1. Acting Body- Gross Body or Physical Body (Seven Systems- Five Senses)
2. Thinking Body- Subtle Body or Auric Body [Seven Auras around the Body- Five Pranas (auras) within the Body]
3. The Feeling Body- Causal Body or Chakra Body [Seven Chakras on the Spine and Five Chakras on the Front (Hara)]
4. Atmic Body- Karmic Body- Patterns of Divine Nature as well as Karmic Patterns from incarnation to incarnation
5. The Mind
6. The Soul
7. The Spirit
8. The Will
9. The Higher Self
10. The Sacred Heart

The Wheel of Dharma and the Tenfold Nature of Divine Love

