

Auspicious Hours for Prayer and Meditation.

Table 37 from Sefer Yetzirah (Gra)

WISDOM-

Beit, Moon, Right Eye, Chesed, South, white
Saturday night, 7-8 P.M. + 2-3 A.M.
Sunday 9-10 A.M. + 4-5 P.M.

WEALTH-

Gimel, Mars, Right Ear, Gevurah, north, red
Sunday 7-8 P.M. + 2-3 A.M.
Monday 9-10 A.M. + 4-5 P.M.

SEED-

Daled, Sun, Right Nostril, Tiferet, East, yellow
Monday night, midnight-1 A.M.
Tuesday 7-8 A.M. + 2-3 P.M.

LIFE-

Kaf, Venus, Left Eye, Netzach, UP, upper eyelid
Tuesday night 10-11 P.M. + 5-6 A.M.
Wednesday noon-1 P.M.

DOMINANCE-

Pei, Mercury, left Ear, Hod, down, lower eyelid
Wednesday night - 8-9 P.M. + 3-4 A.M.
Thursday 10-11 A.M. + 5-6 A.M.

Peace-

Reish, Saturn, left Nostril, Yesod, west, Black
Thursday night, 7-8 P.M. + 2-3 A.M.
Friday 9-10 A.M. + 4-5 P.M.

Grace-

Tav, Jupiter, Mouth, Malkhut, center (self) blue
Friday night, midnight-1 A.M.
Saturday 7-8 A.M. + 2-3 P.M.



Solomon prays for
The Children of Israel.

1 Kings 8:54-56

54. And so it was, when Solomon had finished praying - he arose from before the altar of the Lord, from kneeling on his knees with his hands spread to heaven.

55. Then he stood and Blessed all the assembly of Israel with a loud voice saying:

56. Blessed be the Lord, who has given REST to his people Israel, according to all that he promised.



To be like Brahman is
To Surrender to Love.

Surrender to Love, Daily.



I Surrender All that I Am
All that I have, and All that
I long to be, to All that is Love
and All that is Light.

The Commander of the Army of the Lord.

JOSHUA 5: 13-15

13. And it came to pass, when Joshua was by Jericho, that he lifted his eyes and looked, and behold, a Man stood opposite him with his sword drawn in his hand. And Joshua went to him and said to him, "Are you for us or for our adversaries?"

14. So he said, "No, but as Commander of the Army of the Lord, I have now come." And Joshua fell on his face to the Earth and worshiped, and said to him, "What does my Lord say to his servant?"

15. Then the Commander of the Lord's Army said to Joshua, "Take your sandal off your foot, for the place where you stand is Holy." And Joshua did so.

The Commander of The Army of The Lord is
BRAHMAN

A Prayer for Forgiveness

We ask forgiveness for all we have said,
All we have thought, and All we have done
that has not been of Your Light, but of the
Habits made by Corrupt Nature.

We ask forgiveness for the Burdens we have
placed upon ourselves, upon each other,
upon The Twinship of The Unmanifested, and
upon The Most Sacred Heart of Our Home.

We ask forgiveness not only for ourselves,
but for The 12 Tribes of Israel, The 70 Gentile
Nations, and The 1st Nations. We ask forgiveness
for our family and our friends. We ask
this for All Souls, All Your Children, wherever
they may be, All Creatures Great and Small,
and All Creation.

As we Re-Member Home on this day, we pray
that you lift our Burdens in Your Light through
Our Faith. In our Quest for Tikkun Olam,
May All Souls, All Creatures Great and Small
and All Creation, Re-Member and Return
Home.

Om Mani Padme Hum.

Morning Offering:

Malchi-Tzedek,
Adonai Tzavaout
Ehyeh Asher Ehyeh,
Ave Av,

We thank you for this Space in Time where
our souls may be in a peaceful place as we
Re-Member Home.....

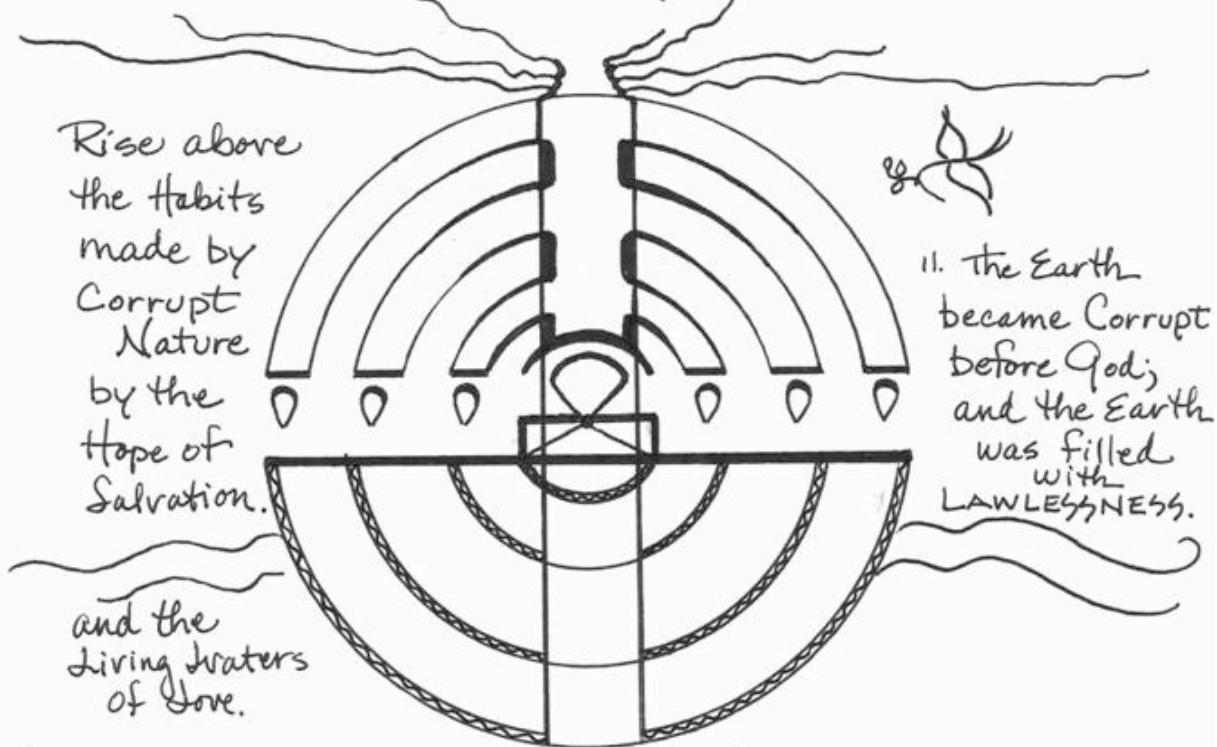
Each day, place your prayers of
thanksgiving before the Lord. Speak from
your heart, the words of gratitude that
resonate within you. As you grow in this
practice of Awareness, your palette of praises
will grow. If you are troubled, take
the time to share those thoughts with the Lord
as your Confidant, your Teacher and your friend.

In this most Sacred Space of Surrender,
remember the Path of Forgiveness. Have
Faith that the Burdens laid before the Lord
will be lifted by All that is Right and All
that is Love through the Hope of Salvation
as Miriam and Yeshua.

NOAH'S ARK

Genesis: 6

18. But I will establish my covenant with you.



Re-Member Home

15-16 The length of the ark shall be 300 cubits
and its height 30 cubits. You shall
make a window for the ark, and you
shall finish it to a cubit from above;
and set the door of the ark in its side.
You shall make it with lower, second,
and third decks.

Blessing for Water

May the Living Waters of Love
that flow through the Mind of
Yasodhara and Buddha
cleanse us and purify us, dispel
the Darkness made by the Habits of
our Corrupt Nature through our Faith,
and Heal us ALL, as we
Re-Member Home.



Notes from Heshvan 3:

Phillipians 4:11 ~

I have learned to be content regardless of circumstances.

It is the Blessing of Our Heart to have nothing to worry about. "NOTHING" is of the UnManifested.

When you let go of your worries and are content to be ~ and allow yourself to sink into the vastness of the void, you lose All that troubles you ~ and in that space where you live and Breathe,
~~~~~ You Are Blessed. ~~~~~

### A Practice of Thought:

I AM Empty ~ I have Nothing.

I own Nothing ~ I AM Nothing.

I AM a Guest upon this land of Malchut.

I AM a Guest to this Body.

I have been given this Home, this community  
and All that Surrounds me  
from within and around me.

As Nothing we are Everything  
for we are of the Nobility of  
Malchi-Tzedek  
through the Compassion of Christ.

# Lao-tzu

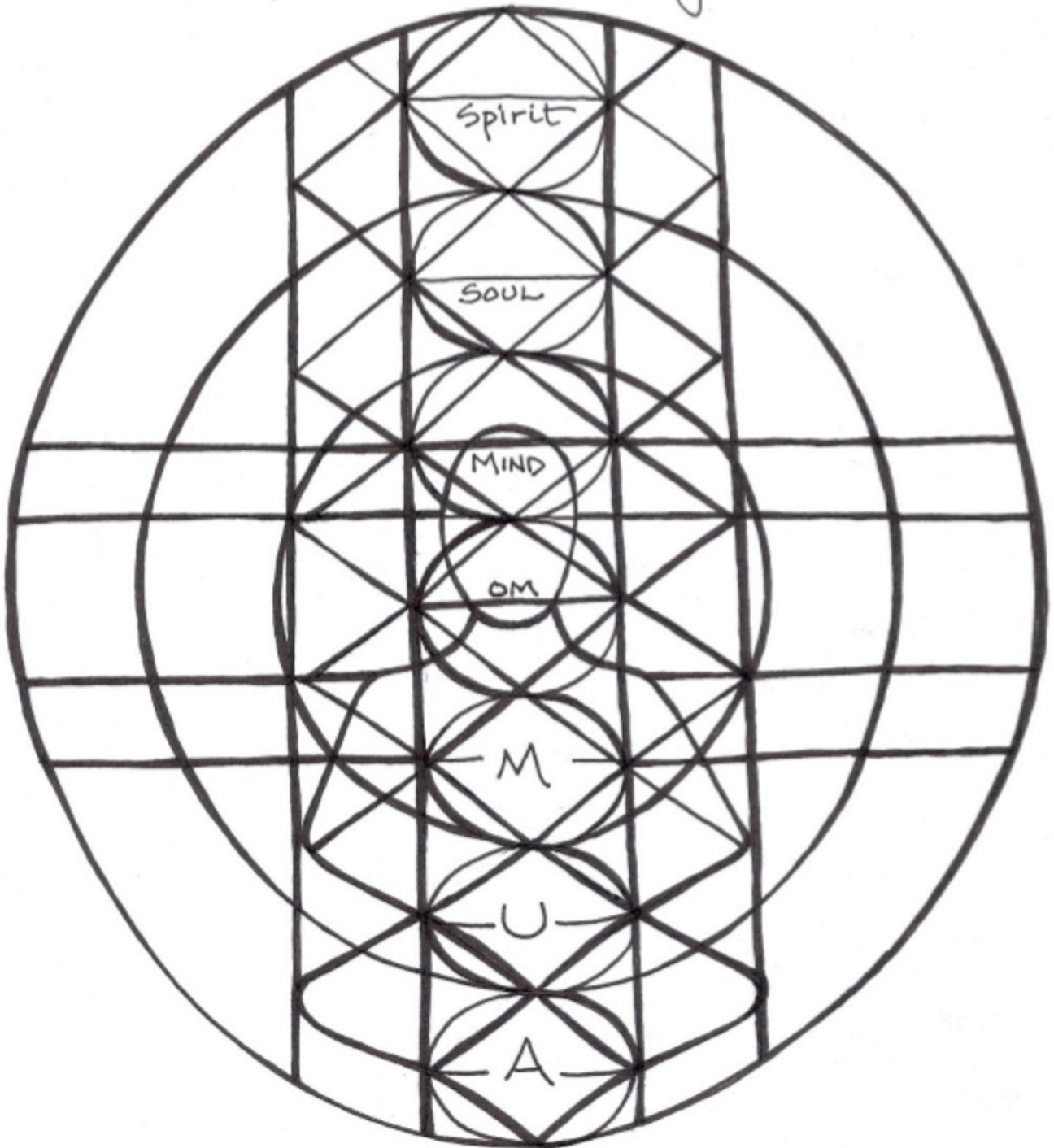
Thirty spokes share the wheel hub  
It is the center hole  
that makes it useful;  
It is the space within  
that makes it useful.

Cut doors and windows  
for a room;  
It is the holes which make it useful.  
Therefore profit comes from what is there;  
Usefulness from what is not there.

Surrender to Love  
Re-Member Home  
and be filled  
inwardly and outwardly  
with Light  
on the Path of Service  
as a Steward of Malchi-Tzedek.



# Kundalini Yoga



# The Greatest Gift

*A*

1. *Acting Body*

*U*

2. *Thinking Body*

*M*

3. *Feeling Body*

*OM*

4. *Karmic Body*

5. *Mind*

6. *Soul*

7. *Spirit*

8. *Will*

9. *Higher Self*

10. *Sacred Heart*

*Kingdom of Innocence*

*Power of Purity  
Abundance of Love*

*Wisdom of Home*

1 Corinthians 13

1 Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal.

2 And though I have the gift of prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing.

3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, [a] but have not love, it profits me nothing.

4 Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up;

5 does not behave rudely, does not seek its own, is not provoked, thinks no evil;

6 does not rejoice in iniquity, but rejoices in the truth;

7 bears all things, believes all things, hopes all things, endures all things.

8 Love never fails. But whether there are prophecies, they will fail; whether there are tongues, they will cease; whether there is knowledge, it will vanish away.

9 For we know in part and we prophesy in part.

10 But when that which is perfect has come, then that which is in part will be done away.

11 When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things.

12 For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known.

13 And now abide faith, hope, love, these three; but the greatest of these is love.

Heshvan 3  
Voice of the Lord  
Jonathan Cahn.  
For to such bring the Kingdom of Heaven  
and the one real treasure we do possess is knowing God.

I have learned to be content regardless  
of circumstances. Philippians 4:11

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RADHARANI & KRISHNA

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I AM Joy ~ Sorrow is gone ~  
I AM Re-Membering to Rejoice  
and be thankful for my Many Blessings.

I will be content to go wherever you  
wish, Knowing you go there with me.

When you let go of ALL WORRY,  
content to be,

and sink into the vastness  
of the Void,

You Are Liberated.

It is in that Space of  
Life and Breath

That you are Blessed.

Re-Member Home.